

## Message: My help cometh from the Lord

You are invited to join **our** daily spiritual empowerment live broadcast on Facebook from 5:00pm – 5:30pm, Wednesday's 22:00pm – 22:30pm, our weekly vigil every Saturday from 11:45pm- 12:15am and monthly vigil last day of the month from 11:45pm – 12:15am Irish time. For more information kindly visit us at [www.mfmregion4.org](http://www.mfmregion4.org)  
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**Psalm 24:8-10 KJV** Who is this King of glory? The Lord strong and mighty, the Lord mighty in battle. [9] Lift up your heads, O ye gates; even lift them up, ye everlasting doors; and the King of glory shall come in. [10] Who is this King of glory? The Lord of hosts, he is the King of glory. Selah.

- King of glory come into my life and take your place in the name of Jesus
- O God my father come into my life and chase out foundational strangers in the name of Jesus
- King of glory fill my life with your glory in the name of Jesus
- Glory of God overshadow my life in the name of Jesus
- Enemies of my destiny be exposed and die in the name of Jesus

### Hymn: Abide with me

**Psalm 121:1-8 KJV** I will lift up mine eyes unto the hills, from whence cometh my help. [2] My help cometh from the Lord, which made heaven and earth. [3] He will not suffer thy foot to be moved: he that keepeth thee will not slumber. [4] Behold, he that keepeth Israel shall neither slumber nor sleep. [5] The Lord is thy keeper: the Lord is thy shade upon thy right hand. [6] The sun shall not smite thee by day, nor the moon by night. [7] The Lord shall preserve thee from all evil: he shall preserve thy soul. [8] The Lord shall preserve thy going out and thy coming in from this time forth, and even for evermore.

**Mark 5:25-34 KJV** And a certain woman, which had an issue of blood twelve years, [26] And had suffered many things of many physicians, and had spent all that she had, and was nothing bettered, but rather grew worse, [27] When she had heard of Jesus, came in the press behind, and touched his garment. [28] For she said, If I may touch but his clothes, I shall be whole. [29] And straightway the fountain of her blood was dried up; and she felt in her body that she was healed of that plague. [30] And Jesus, immediately knowing in himself that virtue had gone out of him, turned him about in the press, and said, Who touched my clothes? [31] And his disciples said unto him, Thou seest the multitude thronging thee, and sayest thou, Who touched me? [32] And he looked round about to see her that had done this thing. [33] But the woman fearing and trembling, knowing what was done in her, came and fell down before him, and told him all the truth. [34] And he said unto her, Daughter, thy faith hath made thee whole; go in peace, and be whole of thy plague.

**Psalm 20:1-9 KJV** The Lord hear thee in the day of trouble; the name of the God of Jacob defend thee; [2] Send thee help from the sanctuary, and strengthen thee out of Zion; [3] Remember all thy offerings, and accept thy burnt sacrifice; Selah. [4] Grant thee according to thine own heart, and fulfil all thy counsel. [5] We will rejoice in thy salvation, and in the name of our God we will set up our banners: the Lord fulfil all thy petitions. [6] Now know I that the Lord saveth his anointed; he will hear him from his holy heaven with the saving strength of his right hand. [7] Some trust in chariots, and some in horses: but we will remember the name of the Lord our God. [8] They are brought down and fallen: but we are risen, and stand upright. [9] Save, Lord : let the king hear us when we call.

God's help is everlasting, comes with peace, joy, hope for more, God will only help his children, those who obey him, walk either him and look only unto him for help..... You can look unto God to help your family, career, to fight for you, to heal, revive and restore....

### Prayer

1. Father Lord, I thank you for all things accept my thanks in the name of Jesus.
2. Forgive me O lord and create in me new heart in the name of Jesus
3. Fill me O lord with Holy Ghost and fire in the name of Jesus.
4. Help me O lord I pray thee in the name of Jesus.
5. Deliver me O lord from all evil in the name of Jesus.