## Message: Psalm 60: Psalm 60: Help from trouble

You are invited to join **our** daily spiritual empowerment live broadcast on Facebook from 5:00pm – 5:30pm, Wednesday's 22:00pm – 22:30pm, our weekly vigil every Saturday from 11:45pm - 12:15am and monthly vigil last day of the month from 11:45pm – 12:15am Irish time. For more information kindly visit us at www.mfmregion4.org email: contactus@mfmregion4.org

Tel: +353 89 486 4413

**Psalm 60:1-12 KJV** O God, thou hast cast us off, thou hast scattered us, thou hast been displeased; O turn thyself to us again. [2] Thou hast made the earth to tremble; thou hast broken it: heal the breaches thereof; for it shaketh. [3] Thou hast shewed thy people hard things: thou hast made us to drink the wine of astonishment. [4] Thou hast given a banner to them that fear thee, that it may be displayed because of the truth. Selah. [5] That thy beloved may be delivered; save with thy right hand, and hear me. [6] God hath spoken in his holiness; I will rejoice, I will divide Shechem, and mete out the valley of Succoth. [7] Gilead is mine, and Manasseh is mine; Ephraim also is the strength of mine head; Judah is my lawgiver; [8] Moab is my washpot; over Edom will I cast out my shoe: Philistia, triumph thou because of me. [9] Who will bring me into the strong city? who will lead me into Edom? [10] Wilt not thou, O God, which hadst cast us off? and thou, O God, which didst not go out with our armies? [11] Give us help from trouble: for vain is the help of man. [12] Through God we shall do valiantly: for he it is that shall tread down our enemies.

- When you are in trouble
- Faced with challenges of life
- Covered with darkness
- Storms around you
- Caged in the camp of the wicked
- When surrounded by mighty and terrible enemies
- When under heavy oppression
- When under heaviness and sorrow, the weapon to shame your troubles and problem is Psalm 60, as you read the Psalm may the Almighty God send thee help in the name of Jesus.

## Prayer

- 1. Father Lord I thank you for you are the helper of the helpless accept my thanks in the name of Jesus
- 2. Forgive me O lord and create in me a new heart in the name of Jesus
- 3. Fill me afresh with Holy Ghost and fire in the name of Jesus
- 4. Help of the helpless appear in my situation in the name of Jesus
- 5. Father Lord send me Help and comfort me on every side in the name of Jesus