

Message: Psalm 39: Recovery of strength

Hymn: Guide me o

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Psalm 39:1-13 KJV I said, I will take heed to my ways, that I sin not with my tongue: I will keep my mouth with a bridle, while the wicked is before me. [2] I was dumb with silence, I held my peace, even from good; and my sorrow was stirred. [3] My heart was hot within me, while I was musing the fire burned: then spake I with my tongue, [4] Lord, make me to know mine end, and the measure of my days, what it is; that I may know how frail I am. [5] Behold, thou hast made my days as an handbreadth; and mine age is as nothing before thee: verily every man at his best state is altogether vanity. Selah. [6] Surely every man walketh in a vain shew: surely they are disquieted in vain: he heapeth up riches, and knoweth not who shall gather them. [7] And now, Lord, what wait I for? my hope is in thee. [8] Deliver me from all my transgressions: make me not the reproach of the foolish. [9] I was dumb, I opened not my mouth; because thou didst it. [10] Remove thy stroke away from me: I am consumed by the blow of thine hand. [11] When thou with rebukes dost correct man for iniquity, thou makest his beauty to consume away like a moth: surely every man is vanity. Selah. [12] Hear my prayer, O Lord, and give ear unto my cry; hold not thy peace at my tears: for I am a stranger with thee, and a sojourner, as all my fathers were. [13] O spare me, that I may recover strength, before I go hence, and be no more.

Prayer

1. Heavenly father I thank you for your grace that is sufficient for me accept my thanks in the name of Jesus
2. Father Lord unto thine hands I commit my spirit forgive and wash me clean in the name of Jesus
3. Restore my strength in the name of Jesus
4. Powers attacking my strength die in the name of Jesus
5. Enemies of my strength die in the name of Jesus