Message: Who is training you? Bible Text: Psalm 18 verse 34

Bible Reading: 1 Samuel 17 verses 1-24

In Psalm 18 verse 34, the bible says He teacheth my hands to war, so that a bow of steel is broken by mine arms" we are looking at what is titled "who is training you?

## The word training means

- Acquisition of knowledge
- Impartation
- Skill Transfer
- Direction and guidance
- Education
- Empowerment

In this present world where we wrestle not against flesh and blood, the training you receive will determine how far you will go in the battlefield of life. Some are trained by physical trainers; some received undone training, some they received training from wrong institutions, while some have no training at all.

If the word trained you, you will only be capable to fight worldly fights. Obey and walk by the world; so when faced with the battles of life, because you are not trained and have no understanding of spiritual warfare you are bound to be a casualty. David was trained by God so when he was confronted with the battle of life with Goliath, he put his training to use

When the Lord trains you, he equips you to

- Pray
- Fast
- Have understanding of the weakness of the enemies
- Read and meditate
- Discern situations
- Know the weapons for each battles
- Fight a good fight
- Fly high like the eagle
- Pass through the fire without getting burnt
- Pass through the waters without drowning
- Watch
- Courage and boldness

Because it was God that trained David; when he was in the battle field with Goliath, he was not alone for God was with him (trainer), he did not put

on the armour and sword of Saul the King but came with a sling and 5 stones and the reign of Goliath was over.

## Ways by which God trains people

- Persecution
- Attack
- Fasting
- Scriptural reading
- Trials

## When the Lord is training you,

It will be as if you are left alone, or the world is against you or you have sinned against the Lord. The training of God is like baking bread, it brings out the best from your life, it makes you to be affliction proof, it makes you bold and courageous and also able to endure hardship.

The training of the Lord makes you unyielding to the threat of the enemies

It also makes a life to go miles without getting tired. It also gives understanding and makes the eyes to be opened to see beyond the physical

The training by the Lord makes a man to be more fearful of God

To be more spiritual than been worldly

To be more heavenly minded

Makes a life to be wiser and more knowledgeable in the things of God

Gives you the ability and power to overcome Satan and other forces of darkness

You understand the various weapons of warfare and how to use them

How to enrol in the training school of God (Admission requirement)

- Be ready to give your life to Christ
- Recognise that you are in a battle field and that you need training
- Be ready to pass through the fire of the Lord
- Be ready to give up the desire of this world

## Prayer

- 1. I accept Jesus as my Lord and personal saviour in the name of Jesus
- 2. Lord Jesus accept me into your school of training in the name of Jesus
- 3. I refused to be trained by men, Jesus shall train me in the name of Jesus
- 4. Anything within me that is drawing me away from God's training school release me and die in the name of Jesus
- 5. I refused to pull out of God's training college in the name of Jesus
- 6. As David endured the training from the Lord, I shall also endure the training in the name of Jesus
- 7. My hands be trained to bend a bow of steel of the enemies in the name of Jesus
- 8. Power to destroy the weapons and scatter the enemies come upon me in the name of Jesus
- 9. I receive training on how to fight and overcome spiritual battles in the name of Jesus
- 10. Holy Spirit vomit your power over my life to remain focus in the training school of God in the name of Jesus

- 11. Father Lord shed your light unto my path in the name of Jesus
- 12. I refused to be afraid to fight after my training in the name of Jesus
- 13. I receive the power to fight and to defeat my enemies always in the name of Jesus
- 14. Lord Jesus even if I'm tired be my strength and my stronghold in the name of Jesus
- 15. Lord Jesus help me to remain ahead of my adversary in the name of Jesus
- 16. I refused to be unprepared daily, the Lord shall make me ready for every battles in the name of Jesus
- 17. My Father expose and destroy anything within me that will cause my defeat in the battle field of life in the name of Jesus
- 18. My Father teach me to overpower the enemies with little strength just like David overpowered Goliath with a stone in the name of Jesus
- 19. Stubborn enemies using fear to intimidate me day and night, I cause you to die tragically in the name of Jesus
- 20. Lord Jesus I thank you for training me always in the name of Jesus